

Great curls on the second day begin with the best preparation and products on the first day.

Here's what we tell our clients. Number one WE believe in hair systems. Which means using the shampoo and conditioner from the same line followed with the styling product of your choice within the line. There are so many great product lines today for curly hair. In our 45 +(combined) years in the beauty industry there has never been as many choices for all types of curly hair. When you use a system they are created to work together and you can scientifically deduct what works and what don't if you have a system. If you using a little of this and a little of that how would you know what's working for you. Oh yeah! Great curls on the second day like we said it begins with what you do on the first day. First day shampoo and conditioner with your favorite products (I'll share my favorite product with you later). Comb the conditioner through the ends with a wide tooth comb (the wider the better) or with your fingers. The wide tooth comb flattens your cuticle layers (outer layer of shaft) which controls the frizz and begins the creation of a uniform curl pattern. Rinse condition, re-comb hair while it is wet instead of using a towel use an old tee shirt! Yes a tee shirt! . The weight of the fabric is light and but will absorb the water and not mash and flatten the curls. Tilt head to the side, and then apply your leave in styling aids in a scrunching motion. Repeat this process around your entire head. **LET IT DRY COMPLETELY! DON'T TOUCH IT! The drying process is the setting process. Fluffing, touching, shaking curly hair as it dries will cause it to frizz and the texture will be inconsistent. This is key to having great curl on the second day.**

To assure the best possibility for second day curls let the hair dry completely on the first day. Once it's dry! Shake from side to side to release the curls. Lightly lift the hair with the pads of your fingertips. Avoid the urge to run your fingers, a comb or a pick through your hair this will straighten out your curl and you'll need to mist or wet your hair to get the curls back. For great second day curls you want to release the curls gradually over the course of the second day or third day. On the day before you shampoo you're to start the process over. Run your fingers through your beautiful curls and experience the beauty of Curls gone Wild!

Here's some my favorite Curl cocktails:

JessiCurl Products: 1st day: Hair Cleaning Cream & Too Shea Conditioner .Tee shirt dry

Leave in styling aids: Awe Inspiring Spray, Rocking Ringlets (gives firmer curls not hard) w/2drops essential oil (this keeps it from being crunchy and adds sheen)

2nd day Wake up with bed head, shake curls lightly fluff with fingertips (Don't rake through hair) Spray an ample amount of Awe Inspiring Spray and add Confident Coil or Gelebration Spray and go. Let it dry naturally. When dry shake and enjoy!

Mixed Chicks Products: 1st day: Mixed Chicks Shampoo & Deep Conditioner, Tee shirt dry, add ample amount of the Mixed Chicks Leave in Conditioner (and styling aid, you don't need to add anything to it) great product!

2nd day: to cure bed head mist with your favorite product, fluff with fingertips scrunch in a little amount of leave in and go!

Curls Product 1st day: Curlicious Curls Cleaning Cream & Coconut Sublime Moisturizing Conditioner Tee shirt dry, Spray with Quenched Curls Moisturizer (one of my favorite products) add an ample amount of Curls Milkshake or combine Spiral Curls Cream and Curls Goddess Glaze (great combination for soft firm touchable curls). Allow hair to dry. Once dry shake and lightly fluff and enjoy!

2nd day: Handle bed head with Quenched Curls Moisturizer. Shake, fluff and spray. Quenched will reactivate the product from the 1st day! If you need a little assurance you can add a little product of your choice Curls offer seven leave in styling aids, plus a line for child Curly Q's Product

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